

**PLANNED PROGRAM OF STUDY MASTERS OF EDUCATION**

**WITH A CONCENTRATION IN CLINICAL MENTAL HEALTH COUNSELING**

The LSU Clinical Mental Health Counseling Program provides professional level training to graduate students interested in working in community agency and mental health settings. The program is designed to prepare students to become Licensed Professional Counselors in the state of Louisiana. Students will receive knowledge, experience, and skills training in order to:

* Facilitate human development and adjustment throughout the life span
* Prevent, diagnose, and treat mental, emotional, or behavioral disorders and associated distresses which interfere with mental health
* Conduct assessments and diagnoses for the purpose of establishing treatment goals and objectives
* Plan, implement, and evaluate treatment plans using counseling treatment interventions and practices consistent with the ethical and professional standards of the counseling profession.

**Course Requirements**

The Clinical Mental Health Counseling concentration requires the completionof 60 credit hours, a specified core of 48 credit hours, and 12 elective credit hours.

**Fall (1st Year)**

\_\_\_\_\_ ELRC 4602 Introduction to Counseling Services (3)

\_\_\_\_\_ ELRC 7331 Counseling Theory and Techniques (3)

\_\_\_\_\_ ELRC 7391 Counseling Across the Lifespan (3)

**SPRING (1st year)**

\_\_\_\_\_ ELRC 7330 Group Counseling (3)

\_\_\_\_\_ ELRC 4600 Disabling Conditions (3)

\_\_\_\_\_ Elective (3)

**SUMMER (1st year)**

\_\_\_\_\_ Elective (3)

**Fall (2nd year)**

\_\_\_\_\_ ELRC 7345 Counseling Skills and Interventions (3)

\_\_\_\_\_ ELRC 7393 Multicultural Counseling (3)

\_\_\_\_\_ Elective or ELRC 4249 Research (3)

**Spring (2nd year)**

\_\_\_\_\_ ELRC 7364 Practicum in CMHC (6)

\_\_\_\_\_ ELRC 7395 Family Counseling (3)

**Summer (2nd year)**

\_\_\_\_\_ ELRC 7348 Substance Use Problems (3)

**Fall (3rd year)**

\_\_\_\_\_ ELRC 7399 Internship CMHC (3)

\_\_\_\_\_ELRC 7393 Vocational Counseling (3)

\_\_\_\_\_ELRC 4249 Understanding Research (3) or Elective (3)

**Spring (3rd year)**

\_\_\_\_\_ ELRC 7399 Internship CMHC (3)

\_\_\_\_\_ELRC 7333 Analysis of the Individual (3)

\_\_\_\_\_ Elective (3)

In addition to core courses, students will have the opportunity to choose twelve (12) hours of electives from the cognate areas below:

**Elective Courses**

There are 12 hours of electives (4 courses) required in the program, and a total of 60 credit hours. Possible elective courses include:

ELRC 4370 Counseling Girls and Women (Spring)

ELRC 4603 Crisis and Trauma (Summer)

ELRC 7398 Couples Counseling (Fall)

ELRC 4360 Introduction to School Counseling (Fall)

ELRC 4361 Counseling Children (Spring)

ELRC 7326 PK-12 College and Career Readiness (Spring)

***Courses in Social Work***

SW 7406 Social work with Lesbian, Gay, Bisexual and Transgender People

SW 7305 Grief and Bereavement

**Courses in School of Education**

EDCI 7764 Social and Emotional Development of the Gifted

Other courses may be approved by permission of advisor

Please note: Program changes may be made only with the advisor’s approval. The plan approved above must conform to the program of study for the degree sought. It is the student’s responsibility to be knowledgeable of LSU Graduate School regulations to ensure that the planned program conforms to Graduate School and Departmental Requirements.